



THE VIEW HARMONIA SPA MENU

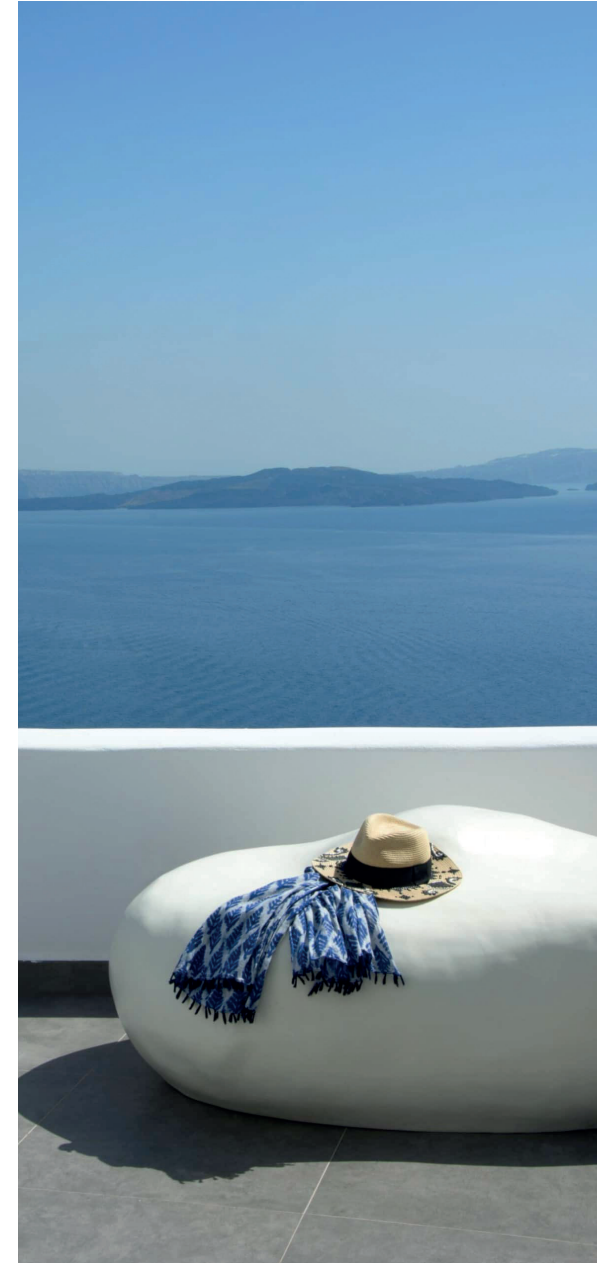
The Ultimate Wellness Experience

“**Secret View Hotel and Ariadne Athens** have set their standards high and are off to launch your senses to a new found level of delight.”

Ariadne Athens proposes bespoke therapies aligned with a unique destination and inspired by its natural elements. The main purpose is to rebalance and renew, from inside out. Local ingredients are utilized seamlessly, connecting each destination’s native and organic elements with the latest techniques in cosmetology.

Merging unique bio-actives with natural and rare, organic Greek & Mediterranean ingredients, award-winning Spa Brand Ariadne Athens aspires to provide the ultimate skin care experience, with products which promise to give the skin a soft and delicate texture, embellishing its inner beauty.

Luxuriate yourself in a series of carefully designed rituals that carry the seal of excellence the Ariadne Athens has to offer. Choose among a wide range of outstanding treatments which emphasize on the uniqueness of a deluxe, natural, and pampering practice.



Wellness Rituals

Use the opportunity to enrich your holiday experience with wellness and wellbeing practices. Assess your stress levels and choose from our wide range of outstanding serene rituals which we offer. **Ariadne Athens** inspires well-being through revitalizing therapies and result driven beauty care.



www.santorini-secret.com

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GRECIAN PRINCE & PRINCESS

Hydrating and nourishing face & body treatment.

This ritual captures the generosity of the Greek land—where sun-warmed olive groves, wild herbs, and golden honey nourish both body and spirit. Each touch carries the essence of Greece, felt on the skin and sensed deeply within. The journey begins with a delicate exfoliation of olive and rose, polishing the skin while awakening circulation. A rich, honey-infused body mask follows, wrapping the body in warmth and restoring hydration, elasticity, and comfort. Warm herbal pouches and a flowing head-to-toe massage release tension as aromatic notes of clary sage, rosemary, and honey linger—earthy, comforting, unmistakably Greek. The experience concludes with tailored final skincare, leaving the skin velvety-soft, luminous, and deeply replenished—like tasting Greece through texture, warmth, and scent.

Duration: 2h / 190€

Key Elements: Welcome Touch, Face & Body Scrub, Face & Body Mask, Face Massage & Full Body Massage with warm Herbal Pouches, Final Skincare.

JET LAG RECOVERY

Post travel recovery ritual

Designed for bodies out of rhythm, Jet Lag Recovery restores natural flow, clarity, and energy after travel. This revitalizing ritual begins with an intense mocha scrub, smoothing the skin and awakening the senses. A dynamic massage enhanced with gentle stretching techniques follows, easing muscular tension while supporting the nervous system. Bright citrus aromas stimulate the mind, while cooling spearmint and cucumber notes refresh the body and encourage circulation. The result is a renewed sense of balance—grounded, alert, and restored.

Duration: 1h 20m / 130€

Key Elements: Welcome Touch, Face & Body Scrub, Face, Head & Body Massage, Final Skincare.

UNDER THE SUN

After sun face & body treatment

A cooling ritual designed to restore sun exposed skin. Sea water drops and honey calm irritation and replenish moisture, while Greek yogurt supports healing and regeneration. Prickly pear and aloe strengthen the skin's natural barrier, helping it recover balance and comfort. The skin is left soothed, refreshed, and naturally radiant.

Duration: 45m / 75€

Key Elements: Welcome Touch, Face & Body Mask, Final Skincare

Couples Experiences

Treatments that will delight you and your partner, aiming to create unforgettable memories. Choose from our wide range of luxurious but targeted treatments, offering you magical moments of total rejuvenation and relaxation. Allow yourselves to experience magical moments and create unforgettable memories with your significant other.

SUMMER AFFAIR

Chocolate lover ritual

Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples. Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub. Then, lay back and unwind while the heated solid waxes of candle massage slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet-textured massage that will satisfy even the most demanding massage recipient.

Duration: 1h 15m / 150€ per person | 275€ per couple

Key Elements: Welcome Touch, Body Scrub, Body Massage, Candle Massage, Final Skincare

WINE HARVEST

A ritual for spa connoisseurs

Inspired by Greece's vineyards and the rituals of celebration, Wine Harvest is a sensorial journey of indulgence and release. The experience begins with a soft exfoliation of olive kernels, red grape, and rose petals, refining the skin and awakening circulation. A nutrient-rich antioxidant mask follows, while sparkling bergamot notes and a sun-soothing yogurt and honey infusion immerse the skin in freshness and hydration. An enveloping aromatherapy massage with warm candle wax completes the ritual, followed by a glass of local wine—an invitation to savor, relax, and fully indulge the senses.

Duration: 1h 30m / 170€ per person | 310€ per couple

Key Elements: Welcome Touch, Body Scrub, Body Mask, Candle Massage, Glass of Wine



Face Experiences

An exhilarating journey that travels the mind and soul to the unique, picturesque landscapes of Greece. Inspired by the sumptuously relaxed atmosphere the Mediterranean blue sea has to offer, these lavish facial rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look. Allow yourself to enjoy the ritual that complements your individual needs best, from one of the following choices.



MELI -VITAL HYDRATION AND NUTRITION

Vital hydration and nutrition

MELI is a deeply hydrating and comforting facial ritual centered on honey—one of the country's most precious sources of nourishment. This rejuvenating experience begins with gentle cleansing and preparation, followed by a luxurious honey-infused mask that restores moisture levels and supports skin vitality. Rosewater soothes and balances the complexion, while refreshing tired skin. Nourishing apricot oil, rich in essential fatty acids, is applied to enhance suppleness and support anti-aging benefits. The ritual concludes with a tailored final skincare routine, sealing in hydration and leaving the skin soft, luminous, and visibly replenished.

Duration: 60m / 100€

PHOS-LUMINOUS RADIANT

Luminously radiant look

A refined celebration of light, PHOS is inspired by the clarity and brilliance of the Greek islands—where skin appears naturally radiant, balanced, and alive. This glow-enhancing facial revitalizes tired, uneven skin through a curated synergy of stabilized vitamin C, gentle fruit enzymes, bergamot, and mineral-rich marine elements. The skin is smoothed and refined, dullness is lifted, and hydration is restored, revealing a visibly brighter and more even complexion. Fine lines appear softened, while the skin's natural structure is supported for a firmer, sculpted look. The result is fresh, luminous skin—clear, energized, and bathed in a healthy glow.

Duration: 60m / 100€

RHODON- LUXURY ANTI-AGEING FACE TREATMENT

Luxury anti-aging facial with crystals

A high-performance pro-aging facial designed to restore clarity, firmness, and refined luminosity—revealing a smooth, glass-like complexion. Created to address dullness, dehydration, fine lines, and loss of elasticity, this advanced ritual combines bioactive formulations with the refined energy of precious gemstones. The experience begins with a velvet-textured Serifos mask enriched with Aquamarine and Moonstone extracts, supporting immediate repair, hydration, and skin resilience. A second mask rich in flavonoids and vitamin C follows, stimulating microcirculation and defending the skin against environmental stressors. A sculpting facial massage performed with Rose Quartz crystals targets fine lines and supports visible lifting, while a proprietary blend of evening primrose and jasmine works to repair, soothe, and rejuvenate the skin. The result is visibly smoother, firmer, and more luminous skin—refined, lifted, and radiant with a true glass-skin finish.

Duration: 75m / 120€

Massages

We have carefully designed for you a series of luxury massages, that target specific needs; The ones that challenge us every day. Choose from our wide range of specialized practices, and spoil yourself with a mythical, sensational experience in a euphoria retreat.

PHYSIS AROMA MASSAGE

Aromatic relaxing massage

A soothing aromatherapy experience using carefully selected Greek essential oils, designed to relax the body, calm the mind, and restore inner balance. The therapeutic aromas work deeply to relieve stress, ease muscular tension, and enhance overall wellbeing, leaving you feeling refreshed, grounded, and renewed.

Duration: 60m / 90€

GREEK TOUCH DEEP TISSUE

Muscle release massage

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally scented oils envelope your skin and exhilarate your mind.

Duration: 60m / 115€ | 90m / 145€

MELTING SENSATION CANDLE MASSAGE

(de-stress /recharging /empowering / relaxing)

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique aromatherapy experience, relaxing & rejuvenating that promotes bliss, balance and well-being.

**Ideal for couples*

Duration: 60m / 100€



Melting Sensation Candle Massage

Mini Rituals

Choose to delight yourself in one of our short-timed rituals that promise to satisfy your senses and indulge your skin, while allowing you to meet your busy schedule. Instantly revitalize and obtain a luminous, healthy glowing look. Set yourself free from any kind of tension and ward off a stressful day.



URBAN ESCAPE-BACK MASSAGE TREATMENT

Relaxing back ritual

Delight yourself in a 40 min treatment that will allow your senses to escape from everyday routine. This treatment focuses on releasing all the tension from your back, neck and shoulders, while the luxurious chocolate and orange peel fragrance envelops your skin and exhilarates your mind. The brown sugar, mocha scented, crystals gently buff away dry skin cells revealing a soft and smooth skin. The aromatic notes of real Chocolate and Orange peel oils that cover your skin, allow for the most supple and radiant look.

Duration: 40m / 65€

SECRET PARADISE

This gentle full-body polish smoothes the skin, using Muse Cocoon exfoliating scrub blended with emollient nourishing oils and vitamins. These powerful antioxidants are absorbed into the skin, helping to slow cellular aging. Afterwards, the sweet and warm Muse Cocoon butter massage leaves the skin deeply hydrated.

Duration: 30m / 50€

WHITE ROSE PETALS

Allow the fine crystals of the body scrub to slough off any rough skin, while subtly scenting your body with the delicate aromas of roses. Following, indulge your skin in the lush, earthy aromas of jasmine and gardenia composed in the nourishing body butter and feel your skin acquire a silky touch.

Duration: 30m / 50€

VANILLA MOCHA

This exceptional skin softening body exfoliation, gently smooths and polishes your skin to a velvet touch. Mocha and brown sugar granules help exfoliate and refine your skin. A rich vanilla and chocolate butter cream is applied for a luxurious finish. Perfect as an individual treatment, or in preparation for a body massage.

Duration: 30m / 50€

ONE MILLION NIGHTS

A bundle of exotic flowers, in which Iris is the star, unfolds through this luxurious body scrub. Let your body unwind while your senses travel in the most exotic garden, on a perfect summer night. One million body scrub gently exfoliates the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our velvet, deeply nourishing One Million Body Butter.

Duration: 30m / 50€



SPA ETIQUETTE

SPA ARRIVAL

We kindly request you to arrive at the spa 15 minutes prior to your appointment to relax and complete a health questionnaire, which will help us to personalise your visit. In the event of a late arrival at the spa, your treatment time will be reduced to ensure that the next guest is not delayed.

ADVANCED BOOKINGS

You can schedule a personalized treatment by speaking with our expert Spa team, who will guide you to the right choice. To ensure that your preferred time and treatment is available, we advise you to book in advance. Our therapists are highly trained to be sensitive to your comfort and modesty at all times.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your experience when making your spa reservation. Heat & water facilities are not recommended for pregnant women.

CANCELLATION POLICY

Any treatment cancelled without at least 4 hours notice will incur a charge equal to 50% of the value of the treatment(s). SPA ETIQUETTE Our spa environment is a place of relaxation, tranquility and privacy. Respecting this, please keep your mobile phones on silent mode during your stay. Our spa is a smoke-free area.

LOSS OR DAMAGE

Please note that the spa is not responsible for any loss or damage to your personal belongings. Please keep all your valuables locked in your locker during your visit. Thank you for your understanding.

